



# Abilene Resource List

Call 2-1-1! Available 24/7, 365 days a year, to receive the most personal and complete assistance for resources for you and for your family by speaking with a Call Specialist (in English, Spanish, or many other languages available through their Language Line). Or if unable to call go online to: [www.211texas.org](http://www.211texas.org) to search (can use the "Guided Search" or the "Chat" option for ease of searching resources).

## Housing

### Emergency Shelters

Agency	Phone Number	Address	Days & Hours	Notes
BCFS	325-692-0033	1290 S. Willis Ste. 55	Mon-Fri: 8-5	Assistance with housing for youth; transitional residential facility for homeless male youth
Ben Richey Boys Ranch	325-692-2500	501 Ben Richey Dr	Mon - Fri: 8-5	Transitional living for single mothers and their children; application, interview and background check required
Harmony Family Services	325-672-7200	305 Grape	Mon - Fri: 8-12. 1-5	Emergency shelter for abused and neglected children and temporary shelter for homeless/runaway children and youth
Hendrick Home for Children	325-692-0112	2758 Jeanette St.	Mon - Fri: 8-5	Transitional living for single mothers and their children; application, interview and background check required
Hope Haven	325-677-4673	801 S Treadaway	Mon-Fri: 8-5	Long-term Transitional Living; application process required
Love and Care Ministries	325-670-0246	233 Fannin	Mon-Thurs: 9-11:30, 1-3 Fri: 9-11:30	Provides showers, change of clothes, hygiene kit, food, and a cold-weather shelter (only open during freezing weather conditions)
Noah Project	325 676-7107 Hotline: 800-444-3551	Call for address	24 hours a day/ 7 days a week	Shelter and advocacy for victims of domestic violence and sexual assault
Salvation Army	325-677-1408	1726 Butternut	24 hours a day/ 7 days a week	Emergency Shelter - check in starts at 4:30; 18 and younger must be accompanied by guardian

### Housing and Utility Assistance

Agency	Phone Number	Address	Days & Hours	Notes
Abilene Housing Authority	Public Housing: 325-676-6032 Housing Choice Vouchers: 325-676-6385	Public Housing: 4398 N 7th Housing Choice Voucher: 534 Cypress	Mon-Fri: 8-5	Housing Assistance Programs
Christian Service Center	325-673-7531	3185 N. 10th	Mon - Fri: 9-1, 1-4	Provides help with rent, utility bills and other household goods; call for appointment
Church of the Heavenly Rest - Hands-on Ministry	325-677-6218	602 Meander	Tues-Thurs: 9:30-11:30	Utility assistance; call first

City Light Ministries	325-673-6686	336 Hickory	Call Friday morning at 9 am to schedule financial assistance appointment for the next week	Rent and Utility Assistance
Highland Church of Christ	325-673-5295	425 Highland	Call as needed	Utility Assistance; Call first
Southern Hills Church of Christ	DO NOT CALL	WALK INS ARE NOT ACCEPTED	Mon-Fri: 8-5	Requires applicants to go through A Call for Help by dialing 2-1-1 during regular business hours
St. Vincent de Paul Society Financial Assistance	325-672-0623	WALK INS ARE NOT ACCEPTED	1st and 3rd Monday at 11:45	Appointment must be made by phone call.
Taylor County Social Services	325-674-1341	400 Oak St	Mon - Fri: 8-12. 1-5	Rent or Mortgage one-time payment assistance up to \$150

### Clothing Needs

Agency	Phone Number	Address	Days & Hours	Notes
Baptist Social Ministry	325-672-4193	618 S. Pioneer	Tues-Thurs: 1-3 Thurs: 5:30-7	Children's, men's & women's clothing
Christian Service Center	325-673-7531	3185 N. 10th	Mon - Fri: 9-1, 1-4	Children's, men's & women's clothing
Christian Women's Job Corps Abilene	325-701-9250	1450 N 17th St	Mon- Fri: 9-3	Professional dress clothing for women
Faithworks of Abilene	325-437-2272	1229 N. Mockingbird	Call as Needed	Professional Dress Clothing
For the Children Clothing Ministry - Grace United Methodist Church	325-672-8121	1401 Grape	2nd Saturday of each month	Clothes for Elementary Students
Love and Care Ministries	325-670-0246	233 Fannin	Mon-Fri: 9-11:30 Mon- Thur: 1-3	Children's, men's & women's clothing
Salvation Army	325-677-1408	1726 Butternut	Mon, Wed, Thurs: 9-11	Will provide clothing voucher for Salvation Army Store once every 3 months

### Laundry and Hygiene Items

Agency	Phone Number	Address	Days & Hours	Notes
Beltway Park Food Pantry	325-692-6540	4009 Beltway South	Tues: 1:30-3:30 9-11	Hygiene kits and laundry items
City Light Ministries	325-673-6686	336 Hickory	Mon, Wed, Fri: 9-12; 1:30 - 4	Homeless shower and laundry assistance
Love and Care Ministries	325-670-0246	233 Fannin	Mon-Fri: 9-11:30 Mon- Thur: 1-3	Shower facilities and hygiene kit
Presbyterian Food Pantry	325-677-3501	333 Orange St	Tues: 1-4	Hygiene kits and laundry items
United Methodist Food Pantry	325-864-6605	2626 N 1st	Tues: 4-8 pm. Wed: 9-1	Hygiene kits and laundry items

### Medical Care & Assistance

Agency	Phone Number	Address	Days & Hours	Notes
Abilene Community Health Center	325-696-0600	1749 Pine	Mon-Fri: 8-12,1-5	Primary basic medical care

Medical Care Mission	325-672-5601	1857 Pine St. Suite 100	Mon- Thur: 8-12, 1-4:30 Fri: 8-12, 1:30-3 Call for appointment	Provides health care for adults
M.E.R.C.Y. Health Care	325-676-6634	1902 Shelton	Wed - Fri: 8-12; 1-5 Call for appointment	Provides Medical exams for men, women and children - \$10 fee
Taylor County Public Health District	325-692-5600	850 N 6th	Mon, Tue, Thur, Fri - 9-4	Immunizations and Vaccines for adults and children
Taylor County Indigent Health Care	325-674-1341	400 Oak St	Mon-Fri: 8-12, 1-5	Provides basic health care (including preventative services and immunizations) to eligible residents

## Dental Care & Assistance

Agency	Phone Number	Address	Days & Hours	Notes
Christian Service Center	325-673-7531	3185 N. 10th	Mon- Fri: 9-1, 1-4	Emergency Dental Assistance - Adults only
Dental Mission	325-677-3455	1857 Pine St	Mon - Thur: 9-4 Call for appointment	Extractions and Fillings
Taylor County Public Health District	325-692-5600	850 N 6th	Tues, Wed, Fri: 8-5	Provides bridges, cleanings, crowns, dental exams, dentures, extractions, fluoride treatments, fillings, x-rays, root canals and other dental prosthetics; typically \$150 fee

## Vision Exams and Assistance

Agency	Phone Number	Address	Days & Hours	Notes
Abilene Lion's Club	<a href="mailto:abilenecactuslions@gmail.com">abilenecactuslions@gmail.com</a>			Can provide assistance with eye glasses, and sometimes exams. Email for more information
Sight for Students	325-677-1731 ext. 8531	2800 N. 6th	Mon-Fri: 9-4	Assistance with exams and glasses for children
Taylor County Adult Vision Care	325-674-1342	401 Oak	Mon-Fri: 8-12, 1-6	One routine eye exam and pair of eye glasses

## Medical Supplies and Prescription Assistance

Agency	Phone Number	Address	Days & Hours	Notes
Cancer Services Network	325-672-0040	100 Chestnut St. Suite 100	Mon - Thur: 8:30 am - 5:00 pm; Fri 8:30 am - 12:00 pm	Assists cancer patients in active treatment with medical supplies
Joseph Thomas Foundation	325-788-1315	500 Chestnut St Suite 806	See website for details: <a href="http://www.josephthomasfoundation.org">www.josephthomasfoundation.org</a>	Provides financial assistance to fill in gaps that insurance does not cover such as medical supplies, equipment, and therapy for medically fragile children with a mental or physical impairment
Salvation Army	325-677-1408	1726 Butternut	Mon, Wed, Thur: 9-11	Prescription Assistance - call for information
Taylor County Prescription Assistance	325-674-1341	400 Oak Street	Call for appointment	Pharmaceutical assistance program

## Pregnancy and Maternity Resources

Agency	Phone Number	Address	Days & Hours	Notes
Hendrick Prenatal Clinic	325-670-3003	1850 Hickory St	Call for appointment	Offers prenatal care to women who do not have private health insurance or Medicaid
Pregnancy Resource Center	325-672-6415	2110 N. Willis	Mon-Fri: 10-4	Pregnancy verification, maternity and baby clothes, diapers, formula
Texas Department of Transportation	325-676-6808	4250 N Clack St	Mon- Fri: 8-5	Free Car Seat inspections

## Family Services

Agency	Phone Number	Address	Days & Hours	Notes
Early Childhood Intervention - Betty Hardwick	325-627-0908	765 Orange St.	Mon-Fri: 8-6	Provides services for babies birth - 3 years
City Light Ministries	325-673-6686	336 Hickory St.	3rd Tues of each month 6:30-8	Provides a ministry for single moms, food and fellowship; also provides transportation and childcare
Presbyterian Children's Home - Child and Family Program	325-675-8787	400 Orange	Mon-Fri: 8-5	In-home family assistance, counseling, life skills, parenting skills and child placement assistance
Methodist Children's Home	325-672-9398	1 Village Dr.	Mon-Fri: 8-5	In-home supportive family preservation services, such as counseling, goal setting, financial skills, life skills, and social skills education; advocacy and community referrals
West Texas Rehab-Parent Case Management	325-793-3400	4601 Hartford	Mon-Fri: 7-6	Provides services such as advocacy, transportation issues, crisis intervention, community referrals; birth to 21 years
Safe Families	325-280-5873	1100 HWY 80 E		Extended family-like supports for families in crisis who are motivated by faith to keep children safe and families intact.
Alliance for Women and Children	325-677-5321	1350 N10th		After-school program
Beltway/Boots on the Ground	325-692-6540	4009 Beltway S	<b>Tues</b> 1:30 pm - 3:30 pm; <b>Thur</b> 9:00 am - 11:00 am	Hands-on ministry providing developmental relief to children, the elderly and disabled with essential needs.
Texas Family Institute	325-676-8963	100 Chestnut	Call for availability	Parenting education classes and Divorce Seminar

## Mental Health and Counseling Resources

Agency	Phone Number	Address	Days & Hours	Notes
Abilene Behavioral Health	325-698-6600 Hotline: 1-800-335-3498	4225 Woods Place	24 hours/day	Crisis stabilization, diagnosis, treatment and after-care planning for emotional behavior issues
Betty Hardwick Center	325-690-5100 Hotline: 800-758-3344	2626 South Clack	Mon-Fri: 8-3:30	Provides services for children and adolescents dealing with issues of emotional, behavior or mental illness
Life Renovations	325-672-7055	318 Cedar	Mon-Fri: 8-5	Professional counseling for ages 4 and older
Mental Health Association of Abilene	325-673-2300	333 Orange St	Mon- Fri: 8-5	Provides referrals to mental health providers as needed; support groups

Ministry of Counseling and Enrichment	325-672-9999	1502 N 1st	Mon-Thurs: 8:30am-8pm Fri: 8:30-5	Counseling and support groups for 4 years and older; takes Medicaid and private insurance
New Horizons - STAR Program	325-437-1852	147 Sayles	Mon-Fri: 8-5	Provides family crisis intervention counseling, short-term emergency residential care and individual and family counseling
Pastoral Care and Counseling Center	325-672-5683	1317 N. 8th St	Mon, Tues: 10am-10pm Wed-Fri:10-5	Provides individual and family therapy; takes Medicaid and private insurance
Regional Victim Crisis Center	325-677-7895	Call for address	Call for appointment	Provides professional counseling for victims and survivors of violent crimes
Texas Family Institute	325-676-8963	100 Chestnut St.	Mon, Tue, Thur:8a-8p Wed, Fri: 8-5	Counseling for families and individuals; takes Medicaid and private insurance

## Rehabilitation and Treatment Facilities

Agency	Phone Number	Address	Days & Hours	Notes
Abilene Behavioral Health	325-698-6600	4225 Woods Place	24 hours a day	Provides medically supervised detoxification and rehabilitative treatment for drug and alcohol abuse
Abilene Regional Counsel on Alcohol and Drug Abuse	325-673-2242 ext. 100	104 Pine St	Mon-Fri 8-5	Screenings and assessments, crisis intervention and referrals to rehabilitation/treatment facilities
Audrey Grace House	325-437-2535	598 Medical Dr.	On call services available 24 hours a day	Residential treatment and emergency care services for ages 5-17
Salvation Army	325-677-1408	1726 Butternut St	Call for appointment	Provides a free 180 in-house alcohol and drug work therapy rehabilitation program
Serenity House	325-673-6489	1546 N 2nd	Call for information. 24/7	Parents Empowering Parents substance abuse treatment, residential beds & recovery support 18 and older
Shades of Hope	325-572-3843	402A Mulberry Buffalo Gap, TX	Mon-Fri 8-5	Residential all-addictions treatment center, including care for self-harm and eating disorders; must be 17 years or older
YMCA Intensive Supervision Program	325-677-8144	3250 State St	Call for schedule and eligibility information	Provides a 6-month behavioral modification program that is structured through goal setting by the clients; offers drug abuse and family counseling sessions to client

## Transportation

Agency	Phone Number	Address	Days & Hours	Notes
Christian Service Center	325-673-7531	3185 N. 10th	Mon - Fri: 9-1, 1-4	Bus Passes
City Link Bus	1-877-633-8746	1189 S. 2nd	Call as needed	Bus transportation
City Link Medical Transportation	1-877-633-8747	1190 S. 2nd	Mon - Sat: 6:15 am - 11:30 pm	Provides curb-to-curb van service or free bus tickets for medical trips by appointment only. <b>Need proof of Medicaid</b>
Beltway Garage	325-704-5002	4126 N. 1st Street	1st & 3rd Saturday of each month at 9:00am	Truck and car maintenance
Transportation Works - Disability in Action	325-672-5460	3305 N 3rd	Mon-Thurs: 8-6:30	Assists people with disabilities who are in need of employment related transportation

## Employment

Agency	Phone Number	Address	Days & Hours	Notes
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Christian Women's Job Corps Abilene	325-701-9250	1450 N 17th St	Mon- Fri: 9-3	Professional dress clothing for women; job training
Faithworks of Abilene	325-437-2272	1229 N Mockingbird	Mon-Fri: 8:30-4:30	Job training and counseling (individual and group)
Workforce Solutions	325-795-4200	500 Chestnut, Suite 1100	Mon-Fri: 8:00- 5:00	Job training, employment, workshops, job search

### Legal Services

Agency	Phone Number	Address	Days & Hours	Notes
Texas Legal Services Center Family Helpline	844-888-6565	NA	Mon- Fri: 9:00-6:00pm	Ask a lawyer any Texas CPS related questions
Legal Aid of Northwest Texas	325-677-8591	500 Chestnut Suite 901	Mon-Fri: 8:00- 5:00	Legal advice, representation, pro bono services, partnerships
TX Advocacy Project	512-476-5377	Apply Online	Mon-Fri: 9:00-5:00	Divorce, custody, protective orders

### Other

Agency	Website		Notes
Care Portal	careportal.org		Can provide a variety of needs. Referrals have to be made by child welfare professionals
Alice Kid's	aliceskids.org		Provides unique needs for school-age children
Taylor County Child Welfare Board			Contact 2INgage Case Manager
Abilene Transition Center	692-0033	1290 S Willis	Provides assistance with education, employment, housing, counseling and assistance obtaining needed documentation for teens and youth.

PROGRAM	DESCRIPTION	CONTACT NAME	PHONE NUMBERS	ADDRESS	WEBSITE
<u>West Central Texas Aging and Disability Resource Center - Abilene</u>	Provides case management and temporary financial assistance with rent and security deposits for veterans that are homeless. Also provides prevention services and financial assistance with an eviction notice and/or disconnect utility notice for veterans at-risk for homelessness. Offers assistance with obtaining the DD-214.	MICHELLE PARKER	325-793-8440 OR 855-937-2372	3702 LOOP 322 ABILENE, TX 79302	<a href="http://WWW.WCTADRC.ORG">WWW.WCTADRC.ORG</a>
CALL FOR HELP COMMUNITY RESOURCE CENTER A	Provides face-to-face interviews and in-depth screening for prescription assistance and TXU Energy Aid.	MS. MARY COOKSEY	325-676-7065 OR 877-541-7905	240 CYPRESS ST STE:100 ABILENE, TX 79601	<a href="http://WWW.ACALLFORHELP.INFO">WWW.ACALLFORHELP.INFO</a>
CITY LIGHT COMMUNITY MINITRIES	Provides financial assistance with a utility or rent, gasoline, or local bus passes, when resources are available.	MS. MAURA DELA CRUZ	325-673-6686	336 HICKORY ST ABILENE, TX 79601	<a href="http://WWW.FBCABILENE.ORG">WWW.FBCABILENE.ORG</a>
<u>Rolling Plains Management - Abilene Office</u>	Assists low-income households with electric, gas, propane, wood, and heating/cooling appliances or repair. Clients may be subject to a wait list.	Ms. MARSHA ANDERSON	325-672-3969 OR 877-450-7616	807 N. JUDGE ELY BLVD ABILENE, TX 79601	<a href="http://ROLLINGPLAINS.ORG">ROLLINGPLAINS.ORG</a>
<u>Disabled American Veterans (DAV) - Abilene Office</u>	Provides veterans and their families with limited, emergency financial assistance for utilities and rent. Also provides a one-week stay at The Salvation Army for homeless veterans.	MS GERI MASSEY	325-673-5004	2555 GRAPE ST ABILENE, TEXAS 79601	<a href="http://WWW.DAV.ORG">WWW.DAV.ORG</a>
<u>Rolling Plains Management - Abilene Office</u>	Offers eligible clients financial assistance with prepaid, disconnected, and disconnect notice electric or gas service bills. Priority given to ages 60 years and older, a person with disabilities; available once per year	MS MARSHA ANDERSON	325-672-3969 OR 877-450-7616	807 N. JUDGE ELY BLVD ABILENE, TX 79601	<a href="http://ROLLINGPLAINS.ORG">ROLLINGPLAINS.ORG</a>
<u>St. Vincent de Paul Society Financial Assistance</u>	Provides financial assistance for utilities or rent for people who live in their own home when resources are available.	DOES NO ACCEPT WALK-INS MUST CALL	325-672-0623		
<u>Cancer Services Network</u>	Provides limited financial assistance for emergencies with utilities, rent, repairs, or special emergencies <b>for cancer patients in active treatment.</b>	MS. BRETN COPE	328-672-0040	100 CHESTNUT STE: 100 ABILENE, TEXAS 79602	<a href="http://WWW.CANCERSERVICE.SNETWORK.ORG">WWW.CANCERSERVICE.SNETWORK.ORG</a>

<u>Taylor County Veterans Service Office</u>	Assists veterans and their families that are in crisis and have a final notice for rent up to \$100.00 or a utility for up to \$75.00. May also assist with a prescription (must provide bill) up to \$50.00, a gas card, or bus pass for disabled veterans.	MR MARCUS ROMERO	325-674-1328	400 OAK ST STE: 607 ABILENE, TEXAS 79602	<a href="http://WWW.TAYLORCOUNTYTEXAS.ORG">WWW.TAYLORCOUNTY TEXAS.ORG</a>
<u>Christian Service Center of Abilene</u>	Provides limited financial assistance with birth certificates, bus passes, identification card and drivers license fee assistance, rent or water bills, when resources available.	OFFICE MANAGER	325-673-7531	949 MESQUITE ST ABILENE, TEXAS 79601	<a href="http://WWW.CSABILENE.ORG">WWW.CSABILENE.ORG</a>
<u>Disabled American Veterans (DAV) - Abilene Office</u>	Provides veterans and their families with limited, emergency financial assistance for utilities and rent. Also provides a one-week stay at The Salvation Army for homeless veterans.	MS GERI MASSEY	325-673-5004	2555 GRAPE ST ABILENE, TEXAS 79601	<a href="http://WWW.DAV.ORG">WWW.DAV.ORG</a>
<u>Salvation Army of Abilene, The</u>	Provides local bus passes for work or verified medical appointments. Also provides prescription assistance when funding is available for antibiotics, blood pressure, and diabetes medication.	CAPTAIN RUSS KEENEY	325-677-1408	1726 BUTTERNUT ST ABILENE, TX 79602	<a href="http://WWW.SALVATIONARMYUSA.ORG">WWW.SALVATIONARM YUSA.ORG</a>
<u>Taylor County Social Services</u>	Provides a pharmaceutical assistance program for eligible Taylor County residents who need help in obtaining FDA-approved, prescribed medications	MS DIANNA ATKINSON	325-674-1341	400 OAK ST 2ND FLOOR ABILENE, TX 79602	
<u>Joseph Thomas Foundation</u>	Provides financial assistance to fill in gaps that insurance does not cover such as medical supplies, equipment, and therapy for medically fragile children with a mental or physical impairment.	MR JOHN THOMAS	325-788-1315	500 S. CHESTNUT ST STE: 806 ABILENE, TX 79602	<a href="http://WWW.JOSEPHTHOMASFOUNDATION.ORG">WWW.JOSEPHTHOMAS FOUNDATION.ORG</a>
<u>Christian Homes &amp; Family Services</u>	Provides confidential pregnancy option peer counseling, medical care, maternity medical expenses, housing, emotional support, pregnancy related services.	MS PEYTON HOLLOWAY	325-677-2205 OR 800-592-4725	PO BOX 270 ABILENE, TX 79604	<a href="http://WWW.CHRISTIANHOME S.COM">WWW.CHRISTIANHOME S.COM</a>

## Community Service Agencies

Agency	Contact Person	Day/Time	Duties	Comments
Food Bank of West Central TX 5505 N. 1st Abilene, TX 79603	Drew Childress Janice Serrault 695-6311	Mon-Fri 8:00a - 3:00p	Sorting & Packing Food, loading & unloading vehicles	Call For Appt. No violent crimes. No Sex Offenders
Salvation Army 1726 Butternut Abilene, TX 79602	Jonathan Dorssey 677-1408	Mon-Fri 9:00a - 7:00p	Store, Kitchen, Outside help	Walk-in Only. Must work min of 6 hours each week. Some Weekends Available. Bring Picture ID & Agreement Letter
United Way 240 Cypress	Office Administrator 677-1841	Mon-Fri 8:00a - 5:00p	Light Clerical Work, Moving, Hauling, Setting up Lunches, Cleaning, Etc.	Call For Appt.
Habitat for Humanity 101 Fulwiler Rd.	Karen Mendoza 670-0489	Tues-Fri 9:00a - 5:00p Sat. 8:30a - 4:30p	Building Houses, Office Misc.	Call for Job Site. No Sex Offenders
Day Nursery of Abilene 702 Cedar	Faye Harris 673-1110	Mon-Fri 8:30a - 5:30p	Light Cleaning, Kitchen Duties	Call for Appt. No Alcohol or Drug Offenses Accepted. No Sexual, Assaultive or Family Violence Offenses Accepted. No Felonies
Abilene Hope Haven, Inc. 801 S. Treadaway	Kathy Reppart 677-4673	Mon-Fri 7:00a - 3:00p	Jobs Vary	Call for Appt. Must have Transportation
Goodwill Industries 2200 N. 1 <sup>st</sup>	Brenda Heppner 676-7925	Mon-Fri 8:00a - 5:00p Closed 12p-1p	Jobs Vary	Call for Appt. Picture I.D. or Driver's License Needed. No Assaultive Offenses or Theft. Walk-ins accepted. Please bring timesheets
Meals On Wheels 717 North 10th	Jessica Stewart Sandy Cruz	Mon-Fri 8:00a - 5:00p	Jobs Vary	Come by office between 2:00p and 4:00p to sign up. Kitchen-6 a.m.-2:30 p.m. M-F. Route Drivers 11 a.m.-1 p.m. M-F own transportation, Drivers License and Insurance. No Violent Crimes, Burglary, Theft, Robbery
The Greater St. Paul Community Church 1710 Pasadena Dr.	Delores Cooper, Victoria Coffield - 677-4199	Mon. - Fri. 8:00a - 5:00p	Jobs Vary	Call for Appt.
Loaves & Fishes Sacred Heart Church 1618 S. 9th	Kyle and Valerie Clements 672-4541	Tue 9:30 a- 12:00p	Work in Food Pantry, Unload trucks	Walk-ins okay. Referral form from Probation needed
Beautiful Savior Congregation Family Outreach Mission 1342 Chestnut St.	Gwen Theriault Carlos Fuentes 674-9350	Call for work times	Food Bank, Clothes Closet, Mission Work	Call for Appt.
Elm Valley Community Church 142 CR 675 Tuscola, TX 79562	Sherry Hall 572-3155	Mon. - Sat. Days & Evenings	Cleaning, painting, maintenance, grounds care, Nursery work	Call for Appt.. Walk-ins not accepted
Alcoholics Anonymous 3157 Russell Abilene, TX 79605	Thelma Elmore 672-0190	Mon-Sat. 10:00a or 1:30p <i>**No CSR hours to be worked during meeting times</i>	Cleaning, painting, yard work, event preparation	Walk-ins accepted No children, please
Jubilee House 433 Reading	Terry Markham 673-5522	Mon. - Sun 9:00a - 5:00p	Jobs Vary	Call for Appt. No Sex Offenders and no assaultive offenses
Love and Care Ministries	Terry Davis	Up to 7 days a	Jobs Vary	Call for Appt.

5501 South 1st. St. St. John Baptist Church 798 Carver	670-0246 Riley Hood 829-1926	week Wed. to Sat. 9:00a - 5:00p	Jobs Vary	Call for Appt. No Sex Offenders
Old Town Abilene Neighborhood Assoc. 602 Palm St.	Lydia Long 676-4068	Thurs - Sun Daytime hours only.	Mowing, weed eating, tree trimming, litter pickup; Physical outdoor work.	Call for Appt. Must have picture ID. Must have own transportation. No Sex Offenders.
The Swenson House 1726 Swenson	Bill Minter 676-3775, cell 829-0617	Saturdays 8:00a- 12:00p	Grounds Work	Walk-ins Only. No Sex Offenders. No Violent Offenders. Must have own transportation. Must have DL /ID.
Abilene Community Theater 809 Barrow, Abilene, TX 79605	Keith Sproles 673-3399	Day, evening and weekend hours available	Moving/cleaning/painting/mowing	Call for Appt. Leave Message if no answer. No Sex Offenders
Abilene North Jr./Sr. Baseball League 2500 Ambler (Sears Park)	Maria Alvarez 325-518-3940	Up to 7 days a week and evenings	Painting, cleaning, help with concession stand	Call for Appt. No Sex Offenders. Must have picture ID.
180 House 2102 Amy Lyn, 79603	Richard Kennedy Larry Garrett 673-0180	Mon. - Sat.	Cleaning, Yardwork	Walk-ins accepted during the week; Sat by appt. No sex offenders
First Baptist Church of Clyde Heart to Heart 216 Austin St. Clyde, TX 79510	Lisa Harber 325-338-1503	Mon. - Fri., & some Saturdays 8a - 5p	Cleaning, yardwork	Call for appointment No sex offenders Please have picture ID
Taylor County Sheriff's Posse 4400 Block of Loop 322 (S. of Primetime)	Buck Campbell 325-333-0690 Robert Martin 325-668-8612	2 <sup>nd</sup> , 4 <sup>th</sup> and 5 <sup>th</sup> Sat. of each month	Cleaning, helping with concession stand Mowing	No sex offenders No animal cruelty cases Can call for appointment
New Beginnings, Big Country 1818 Sayles	Missy Denard 665-5538	8a - 5p, M-F, some evenings/ weekends Call for apt.	Cleaning, yard work	No assaultive offenses No sex offenders
Church on the Rock 1228 Grape Street	Rob Nichols, Doris Swindell, Julie Clevinger, Ben Aguirre 672-5446	M - Th. 9am - 4pm / Wed. 6pm - 7pm	Cleaning, janitorial, painting, answering phones	Must call for appointment, have own transportation, and bring picture ID
Central Texas Opportunities/HeadStart 2302 Commercial Coleman, TX 7683	Kenneth Smith 325-636-3065 (cell) 325-625-4167, ext. 236 (office)	Evenings and weekends <i>*Agency locations in Baird, Clyde and Coleman</i>	Yard work, trash pickup, cleaning (outside work)	Call for appt., no sex offenders, picture ID require
West Texas Youth Football 2934 Old Anson Rd. Abilene, TX 79603	Tamaki Sheppard 325-201-8784	Call for work times/days	Help with equipment, Clean up after practice/games	Call for apt., no sex offenders, must have picture ID

Abilene Dream Center 2802 Old Anson Rd. Abilene, TX 79603	Michael Peters 325-333-5095 325-437-6577	M – Th 8a – 5p	Cleaning, yard work Help in woodshop	Call for appt. No sex offenders. No violent crimes. Please bring picture ID. No smoking on facility.
ARM Ministries 3012 North 1 <sup>st</sup> ., 79603	David Goad – 325-514-1271 Darlene Goad – 325-514-1264	10:00 a.m. to 5:30 p.m. Tuesday thru Saturday	Cleaning, clothes laundering/sorting, yard work, helping in woodshop & candle factory	Call for apt. Sex offenders & persons with violent offenses will be looked at on a case-by-case basis. No Theft or Burglary offenses.
Mission of Miracles 440 Chestnut Baird, TX 79504	JoAnn Aust 325-513-1951	9a to 2p, Monday through Friday Some weekends	Food Pantry/Clothes Closet Stocking, sorting, storing food & clothing Cleaning Some office work	Picture ID required No sex offenders, assaultive or family violence offenses
Big Country AIDS Resources 1109 Walnut Abilene, TX 79601	Jeff Hamilton 325-672-3077 325-603-0689	Mon. – Thurs. 9:00a – 4:00p	Cleaning, sorting, moving, pantry work, some light reception duties	Call for apt. Please leave a message if no answer Must have picture ID
Key City AA 1235 N. Mockingbird Abilene, TX	Maria Loya 432-214-5222	Call for work times. <i>*No CSR hours to be worked during meeting times.</i>	Meeting & event preparation/clean-up. Other duties as needed	Call for appointment
YMCA 3250 State St, Abilene, TX 79605	Allie Workman Tommy Faircloth 677-8771	M-F 8:00 a.m. to 3:00 p.m. Some Saturdays	Buffing, priming & painting floors, trimming trees, mowing, trash pickup, general cleaning	Call for appointment No Sex Offenders Please bring picture ID
Goodwill Industries:	Ken Herfurth			Initial appointments on Tuesdays and Fridays from 8:00a to 12:00p. Picture ID or Driver's License needed. No assaultive offenses or Thefts. Please bring timesheets.
Boots on the Ground 4126 N. 1st St.	Jeff Smith 325-439-0069 325-692-6540	Saturdays Monday thru Friday as needed	Yard work, minor home repairs, building wheelchair ramps	Call for Appointment
Christian Service Center 901 Mesquite Abilene, TX 79602	Roberta Brown 325-673-7531			Call for Appointment

\*\*\*\* NO SHOWS UNACCEPTABLE \*\*\*\*

**Volunteer work for individuals is not acceptable; non-profit agencies only or local churches with their permission and prior approval.**

Community Resources

**General Assistance**

<b>Name / Phone / What they offer</b>		
<b><u>211 Texas</u></b>	211	Community Resource Center
<b>City Light Community Ministries</b>	(325) 673-6686	Assist with rent, utilities, some prescriptions, bus passes, gas
<b>Salvation Army</b>	(325) 677-1408	Provide assistance with clothing, furniture, rent & utilities (for those who have received an eviction or disconnect notice); 24-hour emergency shelter, serves lunch at 1230p and dinner 530p every day
<b>Taylor County Social Services</b>	(325) 674-1341	Assist with rent, utilities, some prescriptions, vision and dental care and indigent burial costs
<b>West Central Texas Council of Governments</b>	(325) 672-8544	Information, referral and assistance with other agencies, benefits counseling, care coordination, nutrition program, prescription assistance, respite assistance for caregivers, family caregiver support group and seminars/workshops
<b>Ben Richey Boy's Ranch - Family Care</b>	(325) 692-2500	Housing assistance, life skills, resources, counseling, parenting classes
<b>City of Abilene - Adaptive Recreation</b>	(325) 676-6575	Recreational activities adapted for persons with disabilities
<b>Rolling Plains Management Corp.</b>	(325) 672-8112	Child care, self-sufficiency, housing crisis, utility assistance, head start, & weatherization

## Emergencies

Name / Phone / What they offer		
<b>Disaster Assistance</b>	Emergency: 911 1-800-621-FEMA (3362)	Offer disaster assistance to those in need (visit <a href="http://DisasterAssistance.gov">DisasterAssistance.gov</a> )

## Education

Name / Phone / What they offer		
<b>Abilene ISD Adult Education</b>	(325) 671-4419	Offer GED, ESL & reading classes
<b>BCFS - Abilene Transition Center</b>	(325) 692-0033	Youth services (18-23 yrs. old), college prep, life skills, job search skills, counseling
<b>Budgeting: College Cost Calculator</b>	<a href="#">link to website</a>	Information on the cost of colleges based on degree and time-frame
<b>College Affordability Guide</b>	<a href="#">link to website</a>	Assists college students in finding income affordable schools and tuition assistance
<b>Communities in Schools</b>	(325) 232-8712	Student supportive services in public schools
<b>FAFSA and Financial Aid</b>	<a href="#">link to website</a>	Information on how to obtain financial aid and apply for the FAFSA
<b>Local Schools</b>	<a href="#">link to website</a>	List of schools for ages 5-18 in Abilene, Texas

## Child Care

<b>Name / Phone / What they offer</b>		
<b>Boys and Girls Club - Fannin Club House</b>	(325) 677-5407	After-school programs
<b>Boys and Girls Club - Highland Branch</b>	(325) 667-0003	After-school programs
<b>Boys and Girls Club - Nelson Club House</b>	(325) 672-3772	After-school programs
<b>Boys and Girls Club - Wylie</b>	(325) 437-4702	After-school programs
<b>West Central Texas Child Care Program Operations (CCPO)</b>	(325) 795-4283 or (800) 542-4045	Affordable child care
<b>Alliance for Women &amp; Children</b>	(325) 677-5321	After-school programs
<b>Big Brothers, Big Sisters</b>	(325) 677-7839	Emotional support and activities for children
<b>Rolling Plains Management Corp.</b>	(325) 672-8112	Child care, self-sufficiency, housing crisis, utility assistance, head start, & weatherization

## Job Training

<b>Name / Phone / What they offer</b>		
<b>Texas Workforce Commission</b>	(325) 795-4200	For job seekers - offers career development information, job search resources, training programs, and, as appropriate, unemployment benefits
<b>Faithworks</b>	(325) 437-2272	Life skills training includes job search and retention skills
<b>Christian Women's Job Corps</b>	(325) 673-6686 ext 106	Life and job skills training, educational support

## Community

<b>Name / Phone / What they offer</b>		
<b>Salvation Army</b>	(325) 677-1408	Provide assistance with clothing, furniture, rent & utilities (for those who have received an eviction or disconnect notice); 24-hour emergency shelter, serves lunch at 1230p and dinner 530p every day
<b>Connecting Caring Communities</b>	(325) 232-8241	Neighborhood support services

## Food & Clothing

<b>Name / Phone / What they offer</b>		
<b>Abilene Baptist Social Ministries</b>	(325) 672-4193	Assist with clothing, food, etc.
<b>Christian Ministries of Abilene</b>	(325) 673-1234	Food and commodities
<b>Christian Service Center</b>	(325) 673-7531	Food, clothing, household items
<b>Love and Care Ministries</b>	(325) 670-0246 or (325) 670-0499	Assist with food, clothing, prescriptions, getting birth certificates, IDs, eyeglasses, small household goods, homeless assistance
<b>Salvation Army</b>	(325) 677-1408	Provide assistance with clothing, furniture, rent & utilities (for those who have received an eviction or disconnect notice); 24-hour emergency shelter, serves lunch at 1230p and dinner 530p every day

## Health & Well-being

<b>Name / Phone / What they offer</b>		
<b>Abilene Christian University Marriage and Family Institute</b>	(325) 674-3724	Individual marriage and family therapy
<b>Advocates of Abilene</b>	(325) 676-1400	Mental health support services
<b>Betty Hardwick Center MHMR Crisis Hotline</b>	(800) 758-3344	Mental health crisis hotline
<b>Harmony Family Services, Inc</b>	(325) 672-7200	Therapeutic foster care and emergency shelter care for abused/neglected children, temporary shelter care, support services and family counseling for runaway and homeless youth
<b>Medical Care Mission</b>	Dental (325) 677-3455 Medical	Family clinic, prescriptions, dental clinic, spiritual wellness
<b>Pregnancy Resources of Abilene</b>	(325) 672-6415	Pregnancy testing, ultrasound, STD testing and treatment, counseling, maternity and baby clothes, diapers and formula (once every 30 days)
<b>Safety, Health &amp; Consumer Council</b>	(877) 405-7516	Veteran Assistance and Eligibility  Click <a href="#">here</a> for the Veterans Care Guide with assistance information.
<b>Texas Department of Family &amp; Protective Services (Adult)</b>	(325) 795-5776	Report adult (elderly) abuse or neglect
<b>Texas Department of Family &amp; Protective Services (Child)</b>	(325) 691-8100	Report child abuse or neglect

<b>Texas Family Institute</b>	(325) 676-8963	Counseling - Individual, Family & Marriage
<b>Texas Department of Health &amp; Human Services Commission</b>	(325) 795-5999	Medicaid, Children's Health Insurance Program (CHIP), Temporary Assistance for Needy Families (TANF), Food Stamps, Nutrition
<b>Women, Infants &amp; Children (WIC) (Administered locally by Abilene-Taylor County Public Health District)</b>	(325) 692-1680	Food, nutrition education, breastfeeding education & support, referrals for other health and social service programs; income/at-risk based program; for pregnant & breastfeeding women, infants & children up to age 5
<b>Alliance for Women &amp; Children</b>	(325) 677-5321	Women's health services

## Housing

<b>Name / Phone / What they offer</b>		
<b>Abilene Association of Realtors, Inc</b>	(325) 692-9821	Publish rental listings (see website: <a href="http://AbileneAoR.com">AbileneAoR.com</a> ) and assist with complaints against landlords when possible
<b>Abilene Hope Haven, Inc</b>	(325) 677-4673	Homeless shelter (Families)
<b>Big Country Apartment Association</b>	(325) 695-7431	Process complaints regarding member apartment complexes
<b>Carver Plaza Apartments</b>	(325) 676-1534	Housing for people 62+
<b>Habitat for Humanity</b>	(325) 670-0489	Build affordable housing for low-income families
<b>Hendrick Home for Children</b>	(325) 692-0112	Orphan services and family care (single parent with children)

<b>New Horizons</b>	(325) 437-1852	Youth Services - residential treatment, emergency shelter/assessment center, group homes, therapeutic foster homes and in-home family preservation programs
<b>Noah Project</b>	(325) 676-7107 (800) 444-3551	Center for victims of family violence
<b>Salvation Army</b>	(325) 677-1408	Provide assistance with clothing, furniture, rent & utilities (for those who have received an eviction or disconnect notice); 24-hour emergency shelter, serves lunch at 1230p and dinner 530p every day
<b>West Central Texas Aging and Disability Resource Center</b>	(325) 793-8440	<u><a href="#">Housing Navigator Project</a></u> Assistance with locating affordable housing. Specific assistance to the elderly and disabled in locating ADA accessible housing.

## Legal

<b>Name / Phone / What they offer</b>		
<b>Legal Aid of Northwest Texas</b>	(325) 677-8591	Legal assistance for low-income families
<b>Social Security Office</b>	(325) 672-0310	SSI/Social Security cards
<b>Taylor County Justice of the Peace</b>	(325) 674-1338	Landlord/Tenant disputes
<b>Taylor County Justice of the Peace</b>	(325) 674-1267	Landlord/Tenant disputes
<b>U.S. Border Patrol</b>	(325) 698-5552	Offer referrals for immigration and travel issues

## Transportation

Name / Phone / What they offer		
<a href="#"><u>City Link Abilene</u></a>	(325) 676-6BUS	Public transportation, bus routes, cost to ride, additional information on City Link
<b>City of Abilene Senior Citizen Division Senior Help Line</b>	(325) 673-4694 or (325) 734-5300	Provide transportation for medical appointments grocery shopping, to/from senior centers; for citizens age 60+ (must be mobile)
<b>CARR</b>	(800) 710-2277	Public transportation in rural areas
<a href="#"><u>City Link Paratransit</u></a>	(325) 676-6287 ext. 2	ADA Paratransit service is for persons whose physical or mental disability prevents them from accessing the fixed-route bus service

## Financial

Name / Phone / What they offer		
<b>Consumer Credit Counseling Services (Money Management International)</b>	(866) 889-9347 (800) 308-2227	Free credit counseling, financial education programs, debt management plans, housing counseling and bankruptcy counseling
<b>West Central Texas Center for Economic Opportunity</b>	(325) 672-8980	Financial literacy & management classes



*Abilene*  
Recovery Council

# Recovery Support Services

**Holistic Services that Allow  
Individuals to build their own Self-  
Determined Pathway to Long-term  
Recovery**

**For More Information Call:  
800-588-8728 or  
325-673-2242**

**104 Pine Ste. 205  
Abilene, Texas 79601  
[www.abirecovery.org](http://www.abirecovery.org)**

**Office Hours: Monday-Friday 8am-5pm  
Closed Weekdays 12 pm - 1 pm and  
Weekends**

# SERVICES

Recovery Coaching  
Recovery and Wellness Planning  
Spiritual Development  
Education Services  
Referral Services  
Resource Development  
Education Advancement  
Legal Issues  
Employment Supports  
Opioid Overdose Prevention  
Training

## Eligibility for Enrollment

Texas residents, ages 18 and up with

- A history of substance use and a desire to explore the possibility of recovery
- A commitment to maintaining long-term engagement with your peer recovery coach
- A desire to take the lead in developing your own wellness plan, goals, and pathway to recovery with assistance from your peer recovery coach
- A recent or prior history of incarceration or other justice involvement, with ongoing issues of substance misuse that increase the risk of recurring or new involvement with the justice system

This project is supported by Texas Targeted Opioid Response, a public health initiative operated by the Texas Health and Human Services Commission through federal funding from the Substance Abuse and Mental Health Services Administration grant award numbers HHS000130500010 and HHSC001054500001.

Recovery Support Services are delivered with the motto "nothing about us, without us" always in mind, which means the peer participants who receive supports at Abilene Recovery Council will be fully in control of their own recovery plan through the strength-based goals and choices they make regarding their needs for facilitating and maintaining their recovery. They will be empowered with the knowledge that there are many pathways to recovery, and they are worthy individuals, fully capable of directing and achieving the goals necessary to integrate into the community and foster a true sense of belonging along the pathway(s) of their choice. Goals and objectives in the recovery plan are not defined by staff based on clinically-valued outcomes but are instead set by the peer with a focus on building recovery capital in order to achieve the quality of life in recovery they have self-defined.

**"Nothing About Us  
Without Us"**

## Who is Eligible for Enrollment?

- Texas residents, ages 18 and up
- A history of substance use and a desire to explore the possibility of recovery
- A commitment to maintaining long-term engagement with your peer recovery coach (at least 12 months)
- A desire to take the lead in developing your own wellness plan, goals, and pathway to recovery with assistance from your peer recovery coach
- a recent or prior history of incarceration or other justice involvement, with ongoing issues of substance misuse that increase the risk of recurring or new involvement with the justice system

# Recovery Support Services

Holistic Services that Allow Individuals to Build Their Own Self-Determined Pathway to Long-Term Recovery

*Abilene*   
Recovery Council

**800-588-8728 or  
325-673-2242**

**104 Pine St., Suite 205  
Abilene, TX 79601**

[www.abirecovery.org](http://www.abirecovery.org)

## Recovery Coaching

- **Recovery Coaching:** support, mentoring, advocacy, assertive outreach, and education to provide a positive, peer-driven outcome. This may also include support with Medication Assisted Treatment options (MAT), harm reduction, and opioid overdose prevention.
- **Recovery & Wellness Planning:** encourages participants through self-directed recovery and wellness action planning to help them navigate and achieve their recovery goals.
- **Recovery Follow-Ups:** checking in at 3-month intervals to talk about recent and ongoing experiences and plans for their recovery journey.
- **Spiritual Development:** supporting participants in exploring their concept of spirituality as an option to their recovery planning.

## Support Services

- **Education Services:** providing education and cognitive skills such as life skills, healthy boundaries, strategic decision making, and other content specific topics for those that have been, are at risk of, or are system impacted. This may also include support in preparing for and accessing ongoing adult education.
- **Referral Services & Resource Development:** helping identify and access community resources pertaining to substance detox and treatment, mental health, vital documents, and other social supports.
- **Legal issues:** providing support and advocacy with courts, probation, parole, and child welfare.
- **Employment Support:** assisting with resume writing, interviewing skills, and exploring employment opportunities.



**For More  
Information, Call  
325-673-2242  
or 800-588-8728**

### Office Hours

Monday	8:00 am - 5:00 pm
Tuesday	8:00 am - 5:00 pm
Wednesday	8:00 am - 5:00 pm
Thursday	8:00 am - 5:00 pm
Friday	8:00 am - 5:00 pm
Saturday	Closed
Sunday	Closed

Closed Weekdays 12:00 pm - 1:00 pm for Lunch

Recovery Support Services staff are available after-hours for crisis situations

**This project is supported by Texas Targeted Opioid Response, a public health initiative operated by Texas Health and Human Services Commission and BWTX through federal funding from the Substance Abuse and Mental Health Services Administration grant award numbers HHS000130500010 and HHSC001054500001.**



If you are experiencing one or more of the following, you may qualify for our services:

- Teen pregnancy
- Current or past involvement with DFPS or other child protective service agencies
- Current or past substance use or misuse
- Current or past domestic violence
- Living in a household with a person who misuses alcohol or drugs
- Financial Distress

Funded by:  
Texas Health and Human Services Commission,  
Community Foundation of Abilene and other  
private organizations.

### Hours of Operation

8:00 am - 5:00 pm

Saturday & Sunday Closed

Closed Weekdays 12:00 pm - 1 pm

### Serving the Following Counties in Health and Human Services Region 2:

Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stonewall, Stephens, Taylor, Throckmorton, Wichita, Wilbarger, and Young

#### ABILENE OFFICE:

104 Pine St., Suite 205  
Abilene, TX 79601  
(Alexander Building)

#### WICHITA FALLS OFFICE:

813 8th St., Suite 615  
Wichita Falls, TX 76301  
(Oil & Gas Building)

(325) 673-2242 or  
1-800-588-8728

# Nurturing the Future & Building Strong Foundations For Families

## PADRES

PARENTING AWARENESS & DRUG  
RISK EDUCATION SERVICES



325-673-2242 or 1-800-588-8728

# PADRES

**provides community-based intervention services, brief case management, and evidenced-informed education to at-risk families.**

**We serve parents with children under 6 years of age or expecting parents who have risk factors of a substance use disorder.**

**CALL TO SCHEDULE AN APPOINTMENT:  
325-673-2242 or  
1-800-588-8728**

**[www.abirecovery.org](http://www.abirecovery.org)**

**EMAIL:  
[region2padres@abirecovery.org](mailto:region2padres@abirecovery.org)**

## SERVICES OFFERED

### OUTREACH, INTERVENTION, & EDUCATION

PADRES offers free screenings, assessments, referrals, brief case management, evidence-informed parenting education covering substance use, misuse, risky use, medication management, and the effects on families. and reproductive health education, including free pregnancy tests and HIV testing.

### SUBSTANCE USE COUNSELING

Clinical Case Managers are LCDC's or LCDC-I's who assist with substance use/misuse intervention and recovery to develop individual service plans based on each participant's self-determined needs.

### CASE MANAGEMENT

PADRES helps parents accomplish their goals and connect to resources in their community. The program also provides assistance with diapers, wipes, and other baby & toddler items.

## PADRES

PARENTING AWARENESS & DRUG RISK EDUCATION SERVICES



### PARENTING CLASSES (certificate program)

PADRES offers 12 hours of virtual parenting classes based on the philosophy and skills of Nurturing Parenting curriculum. Classes focus on the developmental stages of infants and toddlers, understanding discipline, managing and communicating feelings, developing personal power, and healthy boundaries within relationships.

### PEER-LED & EDUCATIONAL GROUPS

A peer-based support group addressing parenting struggles and successes, building social skills, and improving communication.

### Outreach, Screening, Assessment, and Referral

The Council's OSAR provides screening, assessment, and referral services dedicated to the goal of providing assistance with substance use disorder issues for individuals and their families. OSAR services include: screenings, assessments, crisis intervention, motivational counseling, referrals to private and state-funded treatment and/or other recovery support services, interim services, and follow-ups. Services are provided in Abilene and Wichita Falls, as well as at various outreach locations throughout our 30-county service area.

### Parenting Awareness and Drug Risk Education Services

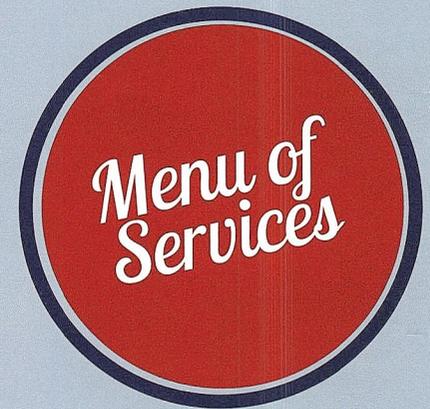
The Council's PADRES program is dedicated to providing outreach, education, & intervention services for parents with substance use disorders or who are at risk of developing substance use disorders. Services include: screenings, assessments, referrals, substance use counseling, service planning, case management, HIV rapid testing, pregnancy tests, evidence-based parenting education, peer-led family support groups, and transportation to and from doctor's appointments. Participants must be Texas residents and an expectant parent or have children ages 6 and under.

### Recovery Support Services

RSS assists people who have a strong desire to grow in their own substance use recovery. Peer Recovery Coaches provide long-term support, advocacy, mentoring, education, and assertive outreach to enhance recovery outcomes for participants. Goals in the recovery plan are not defined by staff, but are set by the peer with a focus on building recovery capital in order to achieve the quality of life in recovery they have self-defined. RSS also provides "reach-in" supports while individuals are incarcerated to assist them in successfully re-entering the community after incarceration.



For more information on these free services, call  
325-673-2242 or 800-588-8728  
[www.abirecovery.org](http://www.abirecovery.org)



### Youth Prevention Universal

YPU provides the evidence-based prevention education curriculum "Positive Action" to elementary, middle, and high schools as well as community sites. Additional services include: prevention/behavioral health promotion presentations on topics such as alcohol, tobacco, other drugs, bullying, and stress relief; and positive alternatives (fun and constructive activities that promote healthy ways to enjoy free time) at school and community health fairs, carnivals, and other events. *Serving Brown, Callahan, Comanche, Fisher, Haskell, Jones, Mitchell, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, and Taylor Counties*

### Prevention Resource Center

The PRC serves as the central data collection repository and substance use prevention training liaison for HHS Region 2. PRC staff build collaborative relationships with regional communities to identify their needs and gather data and resources for the annual Regional Needs Assessment (RNA). The RNA is available to the public as a data resource. The PRC also conducts media awareness campaigns to address underage drinking, marijuana, tobacco/nicotine use, prescription drug misuse, and behavioral health promotion. Minor and tobacco prevention strategies also include community education, and tobacco retailer education efforts.

### Community Coalition Partnership

CCP partners with a local coalition to address substance use issues affecting youth and young adults such as underage drinking, marijuana, tobacco/nicotine, prescription drug misuse, and behavioral health. The Council's CCP is partnered with the Taylor Alliance for Prevention (TAP) coalition. TAP was formed to create healthier and safer communities with a primary focus on high school and young adults and a secondary population of all other citizens. TAP mobilizes the community to improve local policies, provides educational presentations, and conducts media awareness campaigns. *Serving Taylor County*

Unless otherwise noted, programs serve the 30 counties of Health and Human Services Region 2: Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stonewall, Stephens, Taylor, Throckmorton, Wichita, Wilbarger, and Young

Main Office: 104 Pine St., Suite 205, Abilene, TX 79601 (Mon - Fri 8 am - 12 pm & 1 pm - 5 pm)  
Satellite Office: 813 8th St., Suite 615, Wichita Falls, TX 76301 (By Appointment)



# SERVICES FOR JOB SEEKERS

## Who We Are

Workforce Solutions of West Central Texas is the premier source of workforce services to help individuals identify employment opportunities, enhance marketable skills, and achieve their career goals. We offer services and programs to assist with finding that very first job, a new job, or a better job. **Helping Texans succeed. It's our mission.**

### OFFICE LOCATIONS

*Available for in-person or virtual services.*

#### **Abilene**

500 Chestnut St., 11th Floor  
Abilene, Texas 79602

#### **Eastland**

112 S. Seaman St.  
Eastland, Texas 76448

#### **Brownwood**

305 Booker St.  
Brownwood, Texas 76801

#### **Sweetwater**

246 Homer K. Taylor Dr.  
Sweetwater, Texas 79556

**Call (800) 457-5633 or visit  
[www.wfswct.org](http://www.wfswct.org) for hours by location.**

## What We Offer

*Programs and services are offered at no cost to customers.*

- ✓ **Resources for all job seekers:**
  - Online job matching with WorkInTexas.com
  - Internet access to job ads/search engines
  - Special hiring events
  - Resume assistance/interview training
  - Career preparation tools such as copier, computer, fax, and phone (*limits apply*)
  - Virtual job skills workshops
  - Labor market information
  - Career exploration
  
- ✓ **Available to those who qualify:**
  - Child care scholarships
  - Work-based learning opportunities
  - Veterans' representatives
  - Assistance and financial aid opportunities
  - Training sponsorships



Equal Opportunity Employer/Program. Auxiliary aids and services are available, upon request, to individuals with disabilities. These programs and services are wholly funded with federal funds.

**Fax: 325.795.4380 • Relay Texas: 1.800.735.2989 (TTY) / 711 (Voice)**



## SERVICIOS PARA QUIENES BUSCAN EMPLEO

## Quiénes somos

Workforce Solutions of West Central Texas es la principal fuente de servicios para la fuerza laboral y su objetivo es ayudar a las personas a identificar oportunidades de empleo, mejorar en las competencias más buscadas y lograr objetivos profesionales. Ofrecemos varios servicios y programas para ayudarlo a encontrar su primer empleo, un empleo nuevo o uno mejor. **Ayudar a los tejanos a tener éxito. Es nuestra misión.**

### DÓNDE ESTÁN LAS OFICINAS

*Disponible para servicios en persona o virtuales*

#### **Abilene**

500 Chestnut St., 11th Floor  
Abilene, Texas 79602

#### **Eastland**

112 S. Seaman St.  
Eastland, Texas 76448

#### **Brownwood**

305 Booker St.  
Brownwood, Texas 76801

#### **Sweetwater**

246 Homer K. Taylor Dr.  
Sweetwater, Texas 79556

**Llame al (800) 457-5633 o visite [www.wfswct.org](http://www.wfswct.org) para ver los horarios según el lugar**

## Qué ofrecemos

*Los programas y servicios se ofrecen sin costo a los clientes.*



### Recursos para todos los que buscan empleo:

- Búsqueda de empleo y captación en línea con WorkInTexas.com
- Acceso por Internet a anuncios de empleo/motores de búsqueda
- Eventos especiales de contratación
- Ayuda con el currículum/capacitación para entrevistas
- Herramientas para la preparación laboral, como copiadoras, computadoras, fax y teléfono (se aplican límites)
- Talleres virtuales de competencias laborales
- Información sobre el mercado laboral
- Exploración de carreras



### Disponible para quienes califiquen:

- Becas para cuidado infantil
- Oportunidades de aprendizaje en el trabajo
- Representantes de veteranos
- Oportunidades de asistencia y ayuda económica
- Patrocinios para capacitación



Empleador/Programa de Igualdad de Oportunidades. Hay ayudas y servicios auxiliares disponibles, si se solicitan, para personas con discapacidades. Estos programas y servicios se financian totalmente con fondos federales.

**Fax: 325.795.4380 • Relé de Texas: 1.800.735.2989 (TTY) / 711 (voz)**



BCFS Health and Human Services-Abilene

# Our House

Our House is a transitional living home operated by BCFS Health and Human Services-Abilene. Our House provides shelter for young people age 18-22 who are struggling with homelessness. Residents at Our House receive transitional services from BCFS Health and Human Services-Abilene to help them become independent, including education assistance, job placement services and valuable life skills.

Our House and BCFS-Abilene help vulnerable teens and young adults break the cycle of homelessness and grow to become self-sufficient adults. In addition to a safe, stable living environment, residents receive one-on-one assistance overcoming the barriers that lead to their homelessness so they can achieve independence and ultimately move out to support themselves.

## Our House provides:

- Safe, stable housing
- Individual transition planning
- Case management
- Resume and job application assistance
- Mock interview training
- Financial literacy training
- Life skills lessons
- Skill building in the areas of social interaction, health and hygiene
- Medical referrals



**BCFS Health and Human Services-Abilene**  
303 S. Pioneer Dr. | Suite 200 | Abilene, TX 79605  
(325) 692-0033 | [DiscoverBCFS.net/OurHouse](https://www.discoverbcfs.net/OurHouse)

**BCFS**  
Health and Human Services • Est. 1944

**OUR  
HOUSE**

# HOPES

Healthy Outcomes through  
Prevention & Early Support

**The HOPES program  
knows parenting can  
be hard, and we  
want to help!**

**At HOPES, you will learn how to:**

- Create positive relationships with your child
- Make sure your child is safe by recognizing any safety issues in your home
- Provide appropriate healthcare for your child

In addition to building parent skills, you can also receive basic needs.



**How do I qualify for HOPES?**

To receive services from HOPES, you must meet the following criteria:

- Be a caregiver with at least one child younger than 5 OR be pregnant
- Live in one of these counties: Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor, Throckmorton, Wichita, Wilbarger, or Young

The HOPES program is FREE. All services are offered virtually or in person.

 (325) 692-0033

 HOPESAbileneReferrals@BCFS.net

 Facebook.com/BCFSAbilene



# BCFS Health and Human Services-Abilene Texas Workforce Commission (TWC) Program



BCFS Health and Human Services-Abilene provides career services to youth and young adults from the foster care system through a partnership with the Texas Workforce Commission.

## →SERVICES

- Career assessments
- Career planning and guidance
- Job skills training
- Job placement
- Case management and referrals
- Continued support and training after securing employment
- Assistance with housing, identification documents, GED and continuing education
- Assistance with ETV and FAFSA applications

## →ELIGIBILITY REQUIREMENTS

The TWC program operated by BCFS-Abilene serves youth and young adults between 16 and 25 years old who meet one or more of the following criteria:

- Currently in or aging out of foster care
- Formerly in foster care but still in need of assistance
- Foster youth on probation or parole
- Foster youth released from juvenile correctional facilities

Program participants must reside in Region 2.

## →CONTACT

BCFS Health and Human Services-Abilene  
303 S. Pioneer Dr., Ste. 200  
Abilene, Texas 79605  
(325) 692-0033  
DiscoverBCFS.net/Abilene | Facebook.com/BCFSAbilene

**BCFS**  
Health and Human Services • Est. 1944



INTERNATIONAL  
**RESCUE**  
COMMITTEE



# Anti-trafficking Program Helping People To Grow Better Together.

## TRAFFICKING MYTHS:



**MYTH:** Human trafficking is only sex trafficking.  
**FACT:** Forced labor is another type of human trafficking.



**MYTH:** Human trafficking & smuggling are the same.  
**FACT:** Trafficking is based on exploitation & doesn't require movement across borders.



**MYTH:** Human trafficking only happens to poor & foreign people.  
**FACT:** Trafficking can happen to any age, race, gender, nationality, or socioeconomic status.

## COUNTIES OF SERVICE:

Brown, Callahan, Coke, Coleman, Comanche, Eastland, Ector, Fisher, Glasscock, Howard, Jones, Midland, Mitchell, Nolan, Runnels, Scurry, Shackelford, Sterling, and Taylor counties.



## WHAT IS HUMAN TRAFFICKING?

Human trafficking involves the use of force, fraud, or coercion to obtain some type of labor or commercial sex act. Every year, millions of men, women, and children are trafficked worldwide – including right here in the Big Country.



## WHAT DO WE DO?

Our anti-trafficking program supports survivors on their journey to freedom and self-sufficiency. Extensive safety planning is at the forefront of our service provision for survivors to feel and remain safe.



## CORE SERVICES:

- Shelter/Housing
- Substance Use Recovery
- Basic Personal Needs
- Legal/Immigration
- Employment Services
- Counseling

## CONTACT US



Amanda Butler -  
Program Manager:  
(325) 675-5643



Tanya Gonzalez -  
Case Worker:  
325) 283-9571



Gavyn Hardegree -  
Community Engagement:  
(325) 876-3757

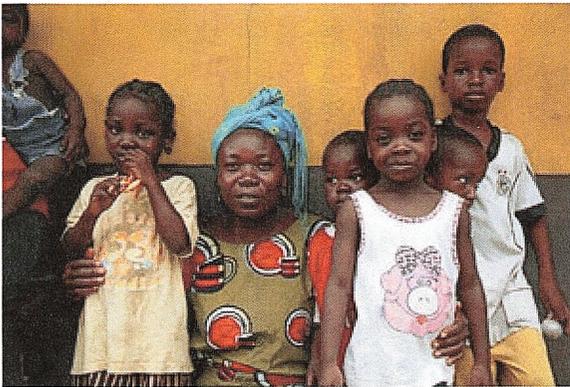


## Who We Are & How You Can Help

The International Rescue Committee (IRC) helps people whose lives and livelihoods are shattered by conflict and disaster to survive, recover, and gain control of their future. Founded in 1933 at the request of Albert Einstein, the IRC offers lifesaving care and life-changing assistance to refugees forced to flee from war or disaster. At work today in over 40 countries and 26 U.S. cities, we restore safety, dignity and hope to millions who are uprooted and struggling to endure. The IRC leads the way from harm to home.

### Who We Work With:

Our mission includes work with refugee individuals. A refugee by definition is any person who is outside any country of such person's nationality or, in the case of a person having no nationality, is outside any country in which they last habitually resided, and who is unable or unwilling to return to, and is unable or unwilling to avail himself or herself of the protection of, that country because of persecution or a well-founded fear of persecution on account of race, religion, nationality, membership in a particular social group, or political opinion.



### Who We Are:

The IRC in Abilene was established in 2003 and has since resettled more than 2400 refugees from over 24 countries. The IRC in Abilene is grateful to be in such a supportive and generous community. Our staff is genuinely amazed at the hearts that chose to give towards the refugee community in West Texas and to make this home for several hundred misplaced families.

### Ways to Help:

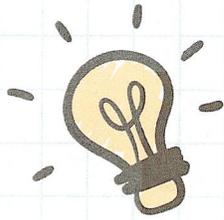
There are several ways to help, such as: making a monetary donation, non-monetary donation, volunteering or interning with us, supporting employment opportunities for refugees locally, participation in our back-

to-school program, Thanksgiving and Christmas food baskets. The IRC in Abilene accepts donations at our office and may include the following:

- Home furnishings.
- Kitchen items (in particular tall drinking glasses, silverware, potholders).
- Linens (especially twin sizes).
- Bathroom items (towels, wash clothes, razors, personal hygiene products).

Items we do not accept include: clothing, shoes, games, books, candles, unusable or broken items.

**Please call (325) 675-5643 or email [volunteerabilene@rescue.org](mailto:volunteerabilene@rescue.org) with any questions you have.**



NEW HORIZONS



**FAYS**  
family & youth success

COUNSELING AND COACHING  
FOR YOUTH SUCCESS



HELP WITH:

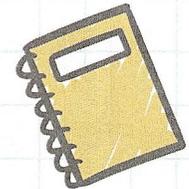
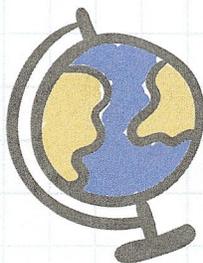
- FAMILY CONFLICT
- BULLYING
- GRIEF
- ANGER
- SCHOOL ATTENDANCE
- COPING WITH DIVORCE



CALL 325-437-1852 TO GET  
STARTED

[WWW.NH-FAMILIES.ORG](http://WWW.NH-FAMILIES.ORG)

THE FAMILY AND YOUTH SUCCESS PROGRAM HELPS FAMILIES WITH KIDS AGES 6-17 DEAL WITH EVERYDAY STRUGGLES. WE WORK TO MAKE FAMILIES STRONGER AND HELP YOUTH OVERCOME CHALLENGES IN ORDER TO SUCCEED IN HEALTHY WAYS.





NEW HORIZONS  
Keeping Kids First

Will you open  
your home to  
a child in  
foster care?



## How you can help kids in your community:

New Horizons' foster care and adoption program is actively seeking families who can provide a safe and loving home to children.

We provide the training and support you need to be a successful foster parent.



SCAN HERE  
FOR MORE  
INFORMATION.

✉ (325) 437-1852



[newhorizonsinc.com](http://newhorizonsinc.com)



Training in Trust-Based Relational Intervention methods & other trauma-based trainings.



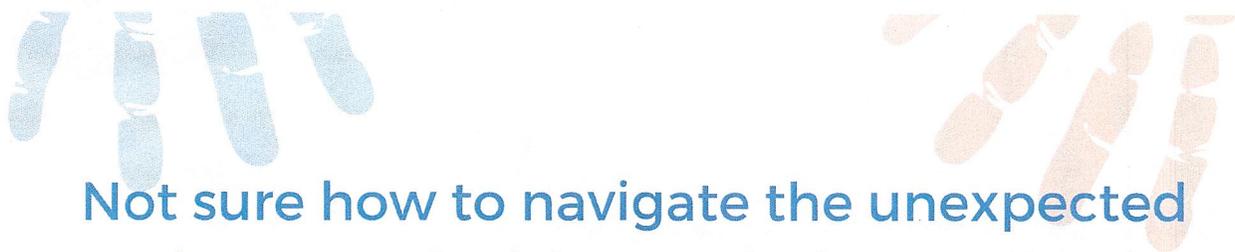
24/7 Support from a Dedicated Case Manager.



Reimbursement to assist in the cost of having a foster child in your home.



Support from an established org that's been serving children & families in TX for 52+ yrs



Not sure how to navigate the unexpected  
journey of raising a relative's child?

We can help!



**NEW HORIZONS  
KINSHIP NAVIGATOR  
PROGRAM**

is a free program to help assist families to provide the  
care and needs of a kinship child.

No need is too small.

Our program's mission is to keep families together in a  
safe environment to heal and grow through caring  
relationships, love and acceptance.

CONTACT A KINSHIP NAVIGATOR  
SPECIALIST TODAY!

NEW HORIZONS FAMILY CENTER  
294 MEDICAL DRIVE ABILENE TX  
325-437-1852

OR VISIT OUR WEBSITE AT  
[NH-FAMILIES.ORG/KINSHIP-SUPPORT](http://NH-FAMILIES.ORG/KINSHIP-SUPPORT)



NEW HORIZONS  
Keeping Kids First

**NATIONAL SUICIDE PREVENTION LIFELINE**

Feeling really bad? Get free, confidential support. Call 1-800-273-8255 or visit [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org) Español

**NATIONAL RUNAWAY SAFELINE**

Get confidential, caring support from someone who won't report you. Call 1-800-RUNAWAY (1-800-786-2929) or text 66008 or visit [1800runaway.org](http://1800runaway.org) Español

**TEXAS ABUSE HOTLINE**

To report child abuse or neglect call 800-252-5400 or visit [txabusehotline.org](http://txabusehotline.org)

**TEXAS FOSTER CARE OMBUDSMAN**

Have a problem with your foster care placement, a question, or need help? Call 844-286-0769 or visit [hhs.texas.gov/foster-care-help](http://hhs.texas.gov/foster-care-help)

*you're not alone  
reach out  
24/7*

*you've  
got  
SUPPORT*



**LOVE IS RESPECT: NATIONAL TEEN DATING ABUSE HELPLINE**

Think something might be wrong with your relationship? Get support. Call 1-866-331-9474 or text/chat loveis to 22522 or visit [loveisrespect.org](http://loveisrespect.org) TTY: 1-866-331-8453

**NATIONAL DOMESTIC VIOLENCE HOTLINE**

Are you or someone you know in an abusive relationship? Get help. Call 1-800-799-SAFE (7233) or visit [thehotline.org](http://thehotline.org) TTY: 1-800-787-3224 Español

**NATIONAL HUMAN TRAFFICKING HOTLINE**

If someone is making you have sex or work against your will, get help. Call 1-888-373-7888 or text 233733 or chat at [humantraffickinghotline.org](http://humantraffickinghotline.org) Español

**RAINN (RAPE, ABUSE AND INCEST NATIONAL NETWORK) HOTLINE**

Counselors offer anonymous, confidential support for survivors. Call 1-800-656-HOPE (4673) or chat at [rainn.org](http://rainn.org) Español

**TREVOR PROJECT LIFELINE**

A hotline for LGBTQ youth who are in crisis or just need a safe place to talk. Call 866.488.7386 or text/chat [thetrevorproject.org/help](http://thetrevorproject.org/help)

**NATIONAL IMMIGRANT DETENTION HOTLINE**

Need to locate a parent in an immigrant detention facility? Reach out. Call 209-757-FREE Español and 60 languages



## Mental Health and Counseling Resources



### Betty Hardwick Center

325-690-5100  
2626 South Clack  
Provides services for children and adolescents dealing with issues of emotional, behavior or mental illness

### New Horizons- FAYS

325-437-1852  
147 Sayles  
Provides family crisis intervention and short-term emergency care and individual and family counseling



### New Life Counseling

325-672-7055  
318 Cedar  
Professional counseling for ages 4 and older

### Ministry of Counseling

325-672-9999  
1502 N. 1st  
Counseling and support groups for 4 years and older



### MHMR Child and Adolescent

695-5100  
744 Hickory  
For children 4-17 suffering from emotional, mental or behavioral disorders.



### Texas Family Institute

325-676-8963  
100 Chestnut St. Suite 101  
Counseling for families and individuals



### Regional Victim Crisis Center

325-677-7895  
Provides professional counseling for victims and survivors of violent crimes

### Ministry of Counseling

673-2300  
1502 N. 1st  
Provides counseling for children, adolescents, and adults on ADHD, grief support, cancer support, suicide support group, adolescent support, and more.





MISSION  
Assisting Victims  
and Survivors of Sexual  
Assault and Other Violence;  
Working to prevent Sexual  
Assault and Other Violence  
through Primary Prevention.

...is an independent, non-profit 501 c3 organization, serving victims of sexual assault and other violent crimes in Abilene and the surrounding areas since 1977.

### WE OFFER...

- ... Crisis Intervention
- ... Counseling by professional and licensed counselors
- ... Advocacy
- ... Information about victims' rights
- ... Assistance with filing for Crime Victim's Compensation
- ... Assistance with Victim Impact Statements
- ... Information & Referrals
- ... Accompaniment to law enforcement, criminal justice facilities, etc.
- ... Parole notifications/protests
- ... Staff and highly-trained volunteer victim advocates respond 24/7 to assist victims & survivors on the hotline, at crime scenes, the trauma center, Law Enforcement and other locations

ALL SERVICES ARE FREE AND CONFIDENTIAL!

### WE HELP...

...all victims and survivors of Assault, Aggravated Assault, Sexual Assault, Child Sexual Assault, Robbery, Homicide Survivors, Stalking and Sex Trafficking.

WHAT YOU ARE FEELING IS NORMAL!  
YOU ARE RESPONDING NORMALLY TO  
AN ABNORMAL SITUATION.

*We are here to help!*

**24/7 VICTIM CRISIS LINE**  
**325-677-7895**

### OTHER PROGRAMS INCLUDE

**Human Trafficking** - CSEY Advocates & the Big Country Human Trafficking Coalition

**Primary Prevention** - Bringing in the Bystander & Peers Reaching Others Making Intentional Social Exchanges



(325)677-7895



info@regionalvictimcrisiscenter.org



regionalvictimcrisiscenter.org



Regional Victim Crisis Center

# CSEY Advocacy

Commercially Sexually Exploited Youth (CSEY) Advocacy is an essential part of the Governor's Office Child Sex Trafficking Team (CSTT) Texas Model for addressing child sexual exploitation. CSEY Advocates provide individualized response and ongoing long-term trust-based relational support to children and youth survivors.

## SERVING YOUTH UNDER AGE 22 WHO:

Are identified as likely exploited by „Clear Concern“ score on the Commercial Sexual Exploitation Identification Tool (CSE-IT)

May be referred by law enforcement, medical providers, child welfare, other first responders, community members, or survivors themselves from identification of circumstances which suggest exploitation

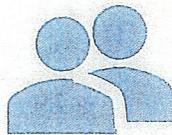
May be in out-of-home juvenile justice or child welfare placement or at home



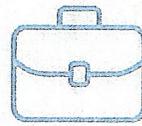
Crisis  
Response



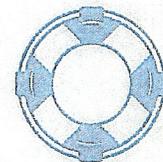
Basic  
Needs



Personal  
Support



Case  
Management



Advocacy



Support in  
Justice  
Activities

RVCC's CSEY Advocate respond when first responders call to assist in the recovery of a survivor and meet them where they are-this could be literally/geographically and figuratively, even if the survivor is or is not cognizant of their victimization and need for help. They also respond immediately to calls from youth who are in crisis, as quickly as possible when a survivor is newly identified and in a safe and stable environment. CSEY Advocates are committed to continued supportive relationships with survivors as they progress throughout the stages of healing including times of relapse-without judgement.

CSEY Advocates work collaboratively with stakeholders to assist in supporting victim-centered goals for survivors, law enforcement, child welfare, juvenile justice, health-care, and other partners. Walking alongside survivors to help them gain the strength needed to participate in the investigation/prosecution of exploiters.

Most importantly, CSEY Advocates help to fill in the gaps between services and systems through sustained long-term supportive relationships that last during and after system engagement. CSEY Advocates provide additional support to youth rather than duplicate or interfering with existing protective systems.

# Nest Central Texas Aging & Disability Resource Center



TEXAS  
Health and Human Services

855-937-2372 or 325-793-8440

wctadrc.org

or visit us in person

3702 Loop 322 Abilene, Texas 79602

*Assisting Older Adults and Persons with a Disability through the navigation of appropriate community services enabling long term independence in the community.*



## COUNTIES SERVED

Brown Callahan Coleman Comanche Eastland Fisher

Haskell Jones Kent Knox Mitchell Nolan Runnels

Scurry Shackelford Stephens Stonewall Taylor Throckmorton



HELPING  
INDIVIDUALS  
MAKE INFORMED  
LONG-TERM CARE  
DECISIONS

West Central Texas  
Aging & Disability  
Resource  
Center

## COMMUNITY LIVING

A variety of programs coordinated with partners and service providers promote independence and inclusion in our communities within West Central Texas. Programs include: Abilene's Age Well Live Well, SHINE Network, Chronic Disease Self Management, and Caregiver Support programs.

## LONG-TERM SERVICES AND SUPPORTS

Long-term services and supports are community based service options needed for individuals to remain independent in their communities. ADRC staff can assist individuals, family members or professionals in identifying needs, preferences, values and individual circumstances through an initial screening process. ADRC staff are able to assist in coordinating services, completing applications, and providing information about available services including housing, transportation, workforce, and more.

## WHO ARE SERVED?

Persons with Disabilities (any age)

People who are 60+

Veterans

Caregivers

Professionals



## HOUSING ADVOCATES

ADRC Staff advocate and focus their efforts on opportunities to increase the availability of affordable and accessible housing for seniors & persons with disabilities. We continually identify housing barriers and gaps as well as act as advocates with housing providers to increase the availability of affordable and accessible housing.

## OPTIONS COUNSELING

Few people plan ahead for long-term services. Our ADRC staff can provide personalized information and assistance with identifying needs and discussing available choices through education and connection to service providers throughout West Central Texas.

Working with an ADRC Options counselor can assist in making informed decisions about long term care options and services for you or a loved one.

In addition, trained Options Counselors can provide assistance with benefit entitlements for Medicare and

## VETERAN SERVICES

Case management services are designed to assist homeless veterans and their families, for those who qualify, by obtaining stabilized housing. Services include rental assistance, rent and utility deposits, child care transportation, emergency supplies and connecting families to other public services. Financial assistance is based on eligibility and available funding.



**325-793-8490**

**wctadrc.org**

or visit us in person

**3702 Loop 322 Abilene, Texas 79602**

*Serving older adults and those with disabilities in the Big Country.*

**West Central Texas**  
Aging & Disability  
**Resource Center**



**HOUSING NAVIGATOR PROJECT**



**TEXAS**  
Health and Human Services

**COUNTIES SERVED**

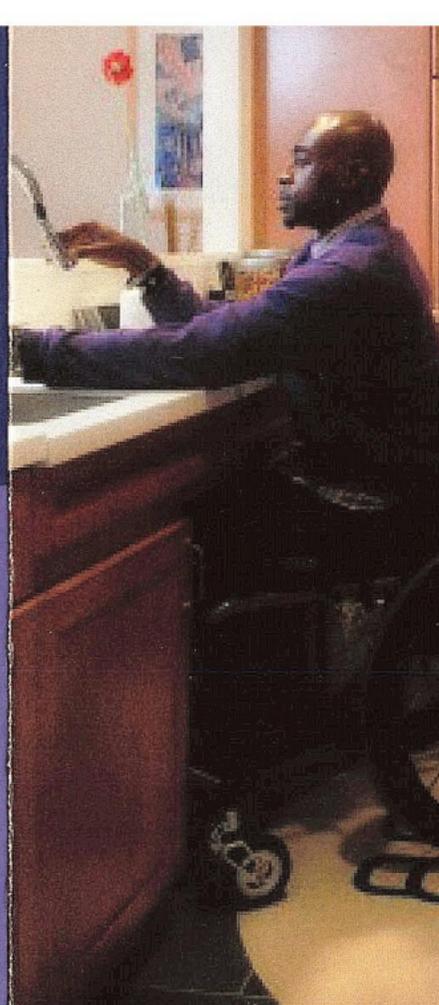
Brown Callahan Coleman Comanche Eastland Fisher

Haskell Jones Kent Knox Mitchell Nolan Runnels

Scurry Shackelford Stephens Stonewall Taylor Throckmorton

**THE HOUSING NAVIGATOR PROJECT**

advocates for necessary changes and increases for additional housing opportunities to those with disabilities and older adults enabling them to remain independent in their communities.



**West Central Texas**  
Aging & Disability  
**Resource Center**



**HOUSING NAVIGATOR PROJECT**



## MAKING HOUSING ADA COMPLIANT

Title III of the Americans with Disabilities Act requires public accommodations to provide goods and services to people with disabilities on an equal basis with the rest of the general public. The goal is to afford every individual the opportunity to benefit from our country's businesses and services, and to afford our businesses and services the opportunity to benefit from the patronage of all Americans.

**Are you doing your part within your housing community to comply with these standards?**

## ACCESSIBLE ENTRANCE

People with disabilities should be able to arrive on the site, approach the building, and enter the office easily.

- Is the entrance door: Equipped with accessible handles? 48 inches high or less? At least 32 inches wide? Operable with a closed fist? Operable without too much force?
- Is there a route of travel that does not require stairs, that is stable and is at least 36 inches wide?
- Is there adequate parking available, is it van accessible and are the accessible spaces marked?
- Do all ramps have the correct slope?

## WHAT DOES ACCESSIBILITY MEAN?



## HOW ARE YOUR COMMUNITY COMMON AREAS?

- Playgrounds
- Laundry Facilities
- Parking Lots
- Mailbox Areas
- Community Rooms

## ACCESSIBLE RESTROOMS

**When rest rooms are open to the public, they should be accessible to people with disabilities.**

- Is there at least one rest room (either one for each sex, or unisex) fully accessible?
- Is there tactile signage identifying the rest rooms?
- Is the rest room entrance door also compliant?
- Are the stall doors operable with a closed fist, inside and out?
- Is there at least one stall that is less accessible but that provides greater access than a typical stall?
- In the accessible stall, are there grab bars behind and on the side wall nearest to the toilet?
- Is the toilet seat 17 to 19 inches high?
- Does the lavatory have a 30 inch wide by 48 inch deep clear space in front?
- Is the lavatory rim no higher than 34 inches?
- Can the faucet be operated with a closed fist?
- Are soap and other dispensers and hand dryers within reach and usable with a closed fist?